

FREQUENTLY ASKED QUESTIONS (FAQs) for Fit India Quiz Contest-2023

This document is an attempt to provide answers to some common questions posted to us by the candidates. However, this list is neither exhaustive nor does it purport to be a source of complete information on the subject. Hence candidates are advised, in their own interest to refer to the “Information Bulletin” on this site, besides referring to the Fit India website for detailed information and ensure that they meet eligibility criteria. FAQs may be referred for a quick reference only

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General- About Fit India Quiz Contest-2023		
1.	What is the quiz called?	The test is called “Fit India Quiz 2023”
2.	Who is conducting it?	Fit India Mission under Sports Authority of India (SAI), Ministry of Youth Affairs and Sports is conducting the quiz contest
3.	What is the objective of the quiz?	The objective of the quiz is to provide a National platform for students to showcase their knowledge about fitness and sports, also endeavors in its philosophy to create awareness among students about India’s rich sporting history, including centuries-old indigenous sports, our national and regional sporting heroes.
4.	Who can participate in Fit India Quiz?	All schools across India can participate in the quiz by registering on Fit India website (www.fitindia.gov.in). The quiz will be open for students (up to class XII) from all age groups
5.	What is the process of selection of schools for participating in the Fit India Quiz Contest?	The Fit India Quiz Contest will be held in the following phases/rounds. A. Registration and School Round B. Preliminary Round (NTA Round) C. State Round D. National Round Queries related to each of the phase/round is answered under sections below.
6.	What areas will be covered under the quiz contest?	The various phases/rounds will have questions from multiple themes as outlined below: <ul style="list-style-type: none"> • History of Indian Sports, Traditional Sports and Games, Yoga, Personalities etc. • Fitness topics with special emphasis on Indian traditional fitness methods. • Olympics, Commonwealth Games, Asian Games, Khelo India Games and other popular sports.
7.	Will there be prizes for winners?	Yes. There will be cash prizes for Schools/candidates. Please visit Fit India Mission website for details.
8.	What will be the timelines for the Fit India Quiz Contest?	The quiz procedure shall start with the registration. More details on the timelines can be viewed on the Fit India website.
A. Registration and School Round		
9.	When is Registration for School Round?	In order to participate in the Fit India Quiz Contest, the schools will have to register themselves through the link https://fitindia.nta.ac.in provided on Fit India website.
10.	Who is eligible to apply?	Any School, private/public/Govt under, State Board/CBSE or ICSE or any other authority, located in India, may apply. All students studying in any class up to Class XII in schools across India, are eligible to participate in the Fit India Quiz. However, they must be nominated by the School in which they are studying. There is no restriction of age of the candidate for participating in the test. However, the questions in the quiz contest are such that those

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		studying in Class VIII and above would be able to answer them easily.
11.	How many candidates a school can nominate?	A school must nominate a minimum of 2 candidates. However, there is no maximum limit.
12.	What is the mode of applying for Fit India Quiz?	Application Forms can only be submitted through online mode on the link https://fitindia.nta.ac.in provided on website www.fitindia.gov.in . The Application Form other than online mode will not be accepted
13.	Can a candidate directly apply for the test?	No. He/she cannot apply directly. The school where he/she is studying should apply online, nominating him/her.
14.	Whether a School can apply online for multiple times?	A School can submit only one application. They can make additions to the nominations during the registration window, before payment of the applicable fee.
15.	What documents or certificates need to be uploaded along with the Application Form?	Scanned images of photograph and signature of the candidates are to be uploaded with the Application Form. No certificates are required to be uploaded along with the Application Form at the time of online submission.
16.	What is the application fee?	A registration fees for Rs. 100 per student shall be applicable. School to deposit the registration fees for each student at the time of registration.
17.	How can the school pay application Fee?	Fee can be paid using Canara Bank Payment Gateway through Debit Card/Credit Card/Net Banking/UPI. Schools need to keep proof of fee paid. In case the Confirmation Page is not generated after payment of fee then the transaction is cancelled, and amount will be refunded to the School's account. However, the School must make another transaction, in case the Confirmation Page is not generated.
18.	What will be the process of selection of students for nomination?	The school has to hold the first round of selection of students internally and register the selected students for the Preliminary round. NTA/Fit India Mission has no role to play in nominations by the schools. Schools nominate candidates at their own discretion based on their own judgment about the ability of the candidates/through a selection process as they may deem fit.
19.	Do the schools need to send Confirmation Page to NTA?	No. The Schools are NOT required to send/ submit the Confirmation Page of Online Application Form (or any document) to the NTA. However, they are advised to retain the following documents with them for any future reference/correspondence: <ul style="list-style-type: none"> • Copy of the Confirmation Page of Online Application Form (Download, save and Print at least 3 copies) • Proof of fee paid (Download, save and Print at least 3 copies)
20.	If the school makes any mistake(s) while registering/applying, can it make changes later in the Application Form?	Once the applicable fee is paid, submission of the application is deemed to be complete and thereafter details submitted in the form cannot be edited/changed. They can make corrections before making the payment of the fees. However, schools can make correction in the details submitted in the form through the Correction Window whenever it opens. They are not allowed to add any new candidates or delete the name of any candidate already nominated through the correction window.

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21.	The school has made the online payment, but the confirmation page has not been generated. What to do?	Such problem occurs because of drop in connectivity from Banks' server to the server on which NTA website has been hosted. You are advised to wait for 24 hours if such problem has been faced by you. In case the Confirmation Page is not generated after payment of fee then the transaction is cancelled and amount will be refunded. In such cases, the school has to make another transaction, to confirm and complete the application process.
22.	The school has made the online payment, but its status is not updated on the system.	If it is not updated within 24 hours, send a mail at fitindia@nta.ac.in giving details of the mobile number, application number, payment reference number and proof of payment
23.	If the school has made double payment of test fee. When will the school get the refund of extra payment made ?	Any extra payment made by the school will be refunded to the school, after the closure of the form submission window, after verification. In case you do not receive the refund as stated above, you may write to us at fitindia@nta.ac.in stating your application number, name, email ID, phone number, payment reference number, name of the bank through which payment was made.
24.	Can the schools change the nominations made, after submission of the application?	Schools cannot change the nominations they had made earlier, even if they want to.
25.	What should the applicant do, when 'continuous timeout', 'Server Error' or 'file not found error' occurs while filling in Application Form?	Use updated version of Mozilla Firefox/Internet Explorer/Google Chrome and good internet connection while filling application form. In case of continuous time out, one can clear cookies and history of the browser and fill during off-peak hours
26.	I have forgotten my application number. How do I get it?	On the log in screen of the portal, click the "Forgot Application Number" button and follow the procedure given there. You will get your application number.
27.	Is there any specification for the photograph to be used on the application form?	The photograph should be colored or black and white (80% face coverage, ears clearly visible and clear contrast). Please read the instructions given in the Information Bulletin in this regard.
28.	Should the candidates give their own email address/mobile number when registering for the test?	Yes. School has to provide Candidates' own email address/mobile number or that of any of their parents. They should not give the email address or mobile phone numbers of others. Because, all communications from NTA regarding the test will be through registered e-mail ID or SMS given by the candidates in their application form.
B. Preliminary Round (NTA Round)		
29.	When will Fit India Quiz Contest 2023 be conducted?	The test will be held on 21.12.2023 and on 22.12.2023 Candidates are advised to visit NTA website to check updates about date of test
30.	What is the duration of the test?	Duration of the test is 30 minutes.
31.	What is the test format? How many questions would be there in the	Each test would consist of 60 Multiple Choice Questions , on general knowledge relating to Sports & fitness. All Questions shall be Multiple Choice with 4 options.

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	test?						
32.	Will the test be held in a single session?	It will be held in multiple sessions depending on the number of students who apply and on technical considerations.					
33.	How will the candidate get his/her admit card?	The admit card will be uploaded on NTA website, https://fitindia.nta.ac.in which will be provided on Fit India website https://fitindia.gov.in as per the schedule communicated through the website. Generally, they will be hosted about 15 days before the date of the test. Schools can login to the site and view the details of the candidates nominated by them, admitted to the test, with their names, gender, class, roll number, language opted, time slot, etc. Individual candidates can view, download and print their admit card from the site using their mobile number/email ID (given by them in their application form) and date of birth.					
34.	If I do not get my Admit Card, whom should I contact?	You can call 011 4075 9000 between 10.00 am and 5.00 pm or write to NTA at fitindia@nta.ac.in					
35.	Whom can I contact in case my admit card has some issue, or I am not able to download my admit card?	You can call 011 4075 9000 between 10.00 am and 5.00 pm or write to NTA at fitindia@nta.ac.in					
36.	Where can I get the name of test centers?	This is an online test. There are no test centers. You are not required to go to any test center. You can appear in the test, from wherever you are, on Android mobile phones.					
37.	Where can I take the free online mock test or practice test?	Mock test will be organised on from 15th to 17th December 2023 for familiarising the candidates with the process of appearing in the online Quiz. Candidates are required to download the Mobile App from the link given in the Admit Card and appear in the Mock Test on any of the days specified. Mock test window will be available from 09.00 AM to 06.00 PM on the specified dates. Candidates must appear in the Mock Test without fail so that they are able to appear in the actual Quiz without any technical difficulty. Schools are requested to impress upon the candidates to appear in the Mock Test without fail and ensure that they do so, to ensure success of the programme. Hence, please be in touch with the on NTA website whose link will be provided on Fit India website https://fitindia.gov.in . Mock test is conducted only to familiarize the candidates with the online test process. Performance in the mock test is not taken into consideration for any purpose.					
38.	How to attend the Webinar?	Webinars to explain the process of appearing in the online Quiz have been organised on 12th December 2023 and 13th December 2023 from 03.00 PM to 04.15 PM. for the benefit of schools and candidates. Schools and candidates can join the webinar at the link provided in the Admit Cards and get clarification.					
39.	Is it mandatory to take the mock test?	Yes. Candidates are required to take the test compulsorily.					
40.	What are the specifications of the devices that can be used for taking the test?	<table border="1"> <thead> <tr> <th rowspan="2">Hardware</th> <th>Device</th> <th>Android Mobile Phone</th> </tr> </thead> <tbody> <tr> <td>RAM</td> <td>2 GB or above</td> </tr> </tbody> </table>	Hardware	Device	Android Mobile Phone	RAM	2 GB or above
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			Microphone	Built-in microphones are acceptable , as are external microphones
			Mobile Camera	Mobile camera must have a minimum resolution of 640x480 @ 15 fps
			Recommended Internet Speed	1 MBPS or more - dedicated and continuous connectivity. Wired or Wireless networks
			Type of Device	Android Mobile ONLY (No IOS/iPhones Devices)
		Software	OS	Android V6.0+ and above
			Browser	Install Chrome and keep it as a default Version in your mobile devices
41.	I logged in 15 minutes after commencement of the test. Will my test end at the scheduled time or will my test end 15 minutes later than the scheduled closing time?	<p>You will not be allowed to log in 15 minutes after the commencement of the test, under normal circumstances. Hence the question does not arise.</p> <p>However, such exceptional circumstances will be handled on a case to case basis, upon any receipt of request, if any, by NTA, in this regard, at the relevant time.</p>		
42.	How do I start the test?	<p>The URL Link where they will be taking the test, user ID and Password will be provided in the Admit card.</p> <p>They can log into the site using the user ID and password given.</p> <p>After logging in, your identity is verified from your admit card/valid ID proof. You will be required to show them before the camera so that they can be verified.</p> <p>Some of the admissible valid ID proof are Aadhar Card, PAN Card, Passport, any photo ID card issued by any Govt. agency in such a way that the name and the photo on the ID card are clearly visible or the photograph and signature duly attested on the letterhead of the School by the Principal/Head Master.</p> <p>After providing the details, follow the instructions on the screen.</p>		
43.	What documents do I need to have to appear in the test?	<p>Candidates MUST keep the following documents handy, before commencement of the test:</p> <p>I. Admit Card</p> <p>II. Any one of the original and valid Photo Identification Proof issued by the government – PAN card/School ID Card/ Passport/ Aadhaar Card (With photograph)/ E-Aadhaar/ Ration Card./ Aadhaar Enrolment No. with photograph/ Photograph and signature duly attested by the Head Master/Principal of the school where he is studying on the letterhead of the School.</p> <p>Note: Candidate will not be allowed to keep personal items such as digital/analogue watches, food items, study material, lockets, bags,</p>		

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		electronic gadgets or any other prohibited items during the test.
44.	How will I login to appear in the test? Which website should I enter? How do I enter?	The web link where you have to login, your User ID and password, will be indicated on the Admit Card. You can login to the site using them.
45.	What precaution should I take while carrying documents?	The name on the photo identification must match with the name as shown on the Admit Card. If the name has been changed, candidate must show the relevant document like Legal Name Change Document at the time of the test.
46.	How will my identity be authenticated?	Before you commence the test, you will be required to show your Admit Card and ID card (as given in your application form and indicated on your admit card) in front of the camera.
47.	How will NTA know if any Unfair Means (UFM) is adopted by a candidate?	The test will be proctored by human proctors in addition to Artificial Intelligence tools, on real time basis. The proctors will be able to see you real time while you are taking the test and also see your screen. In case of any suspicious movements, sounds or activities by the candidates, proctor will warn them. In case the candidate does not mend his ways, Proctor can terminate the test of a candidate.
48.	Should I keep a paper during the test for doing some rough work?	No. You are not allowed to keep any paper with you.
49.	How do I answer questions in the online mode?	Detailed guidelines on the Procedure for appearing in the online test are given in the Information Bulletin and also on the Admit Card. You may go through them. You are also required to attend the mock without fail.
50.	Can I take the test from any laptop or PC?	No. You are allowed to take the test only on Android mobile.
51.	Can I move back and forth between the questions?	Yes, candidates will have the option to navigate between the questions by following instructions available on the User Interface. They may change even answer options, any time before they click the 'SUBMIT' button.
52.	How do I know when the test time has ended?	There will be an on-screen timer on the top right corner of your screen which will count down for the allocated time. Candidates are advised to check this timer regularly and allocate their time carefully. Once your time is over, the test will conclude automatically.
53.	If I come across a technical problem, during the test, what should I do?	You can send a message on the message box, on your screen, while taking the test, giving your problem. In case you are unable to take the test due to technical/internet connectivity problem, you can send a message on a designated WhatsApp number that will be given to you. The technical support team will assist you
54.	What if I could not appear in the scheduled session?	No candidate will be allowed to appear at the test at a time slot other than that allotted to him/her in his/her Admit card.
55.	Can I cancel the test?	No, under no circumstances a cancellation / refund shall be allowed.
56.	If a candidate is not able to take the test, whether his fee will be refunded?	No, your fees will not be refunded in case you are unable to appear in the test.

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57.	A candidate who was nominated by the school is unable to appear in the test. Can the school nominate another candidate in the place of the candidate who was nominated earlier?	No(Not permitted).
58.	Will I be able to leave early if I finish the test before the allocated test time has ended?	No. Candidates can submit and leave the exam, only after 30 minutes from commencement of the exam, even if candidate has completed it before that time. The SUBMIT button will get activated only 30 minutes after commencement of the exam.
59.	In case of any technical problems with the computer system/laptop or mobile phone, what should I do? What happens if there is a power failure and I am unable to continue the test? Will I lose time?	In case of any technical problems and you are not able to continue the test, you may log out and re-log in either on the same device or on some other device and resume the test from where you stopped. If the problem persists, send us a message on the designated WhatsApp number that will be sent to you. Our Technical services team will help you. Your test time in the next session will commence from the time you discontinued your test on account of technical failure. You will not lose time when you are unable to continue with the test on account of technical failure.
60.	Can I exit the test before its scheduled closure time?	In case you want to exit the test, you can do so, before time, after final submission.
61.	What if the internet connectivity drops during the test?	You can re-login and continue with the test, from where you stopped, once the connectivity is re-established.
Miscellaneous for Preliminary Round (NTA Round)		
62.	Is there any negative marking?	Yes. Scoring pattern is given below: <ul style="list-style-type: none"> • 4 marks for each correct response • -1 mark for each incorrect response (negative scoring) • 0 for non-attempt
63.	If a question is wrong or none of the options is correct, how will it be handled?	If a question is wrong or none of the options is correct, the question will be dropped. The total number of questions and the total marks of the paper shall stand reduced accordingly.
64.	How will inter se seniority of candidates be decided, when more than one candidate secures the same marks?	In case more than one candidate secure same marks, their inter-se seniority will be decided based on their age. Younger candidate will be placed higher in merit.
65.	When and how will the results be declared?	Results will be hosted on the NTA website. Results/State wise merit list will be prepared and hosted on the NTA/Fit India Mission website. Schools within each State/UT will be selected on the basis of the position on the Merit List, of the candidates nominated by it. No separate intimation will be sent to the candidate. Soon after the results, E-Participation certificates will be hosted on

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		the NTA website. Candidates who appeared in the test will be able to download and print their respective certificates.
66.	How will I come to know if I am selected for the next round?	List of schools/candidates who are selected for the next round will be displayed on the Fit India/NTA website.
67.	If more than one candidate in the merit list is from the same school, how will it be handled?	<p>Candidates in a State/UT will be ranked on the basis of the marks secured by them in the online test conducted by NTA. A school will be selected on the basis of the position in the Merit List of its candidates.</p> <p>If more than one candidate from the merit list is from the same school, the school will be selected on the basis of the higher/highest of the marks secured by its candidates.</p> <p>For example, A and B are in the merit list securing 235 and 230 marks from the same school say XYZ. The school XYZ will get selected based on the marks 235 secured by A. The next candidate in the merit list who might have secured, say, 234 marks from some other school, say PQR, will get selected and his school (i.e. PQR) will qualify for the next level.</p> <p>The total number of schools that are to be selected from a State/UT is predetermined based on the total number of applications received from the schools/UT in the State/UT. The selection will stop at the level where the pre-determined number of schools for each State/UT, is reached.</p>
68.	Out of the candidates nominated by a school, only one of them got selected and his name appeared in the merit list. However, for the next State level round, the quiz team must have 2 members. How will the second member of the team be selected?	<p>The two candidate(s) whose names appear in the State/UT wise Merit List, ranked in order of their marks, will automatically be member(s) of the Quiz team representing the School at the next level.</p> <p>However, in case, there is only one candidate from a school in the Merit List, it can nominate the second member of the Quiz team to represent it at the State level contest, at its discretion from amongst its students,</p>
C. State Round		
69.	What are state rounds?	State rounds are the rounds in the quiz format where the schools qualified after NTA round to compete to become state champion. State rounds will be conducted for each state/UT
70.	What will be the number of teams participating in the state round?	The number of teams participating in the state round will be proportional to the number of schools participating in the preliminary (NTA) round. State Round will be of 8-32 teams from qualified schools participating on a customized digital platform
71.	What will be the mode of state round?	Format: The state round will be conducted by each State/UTs with the support from FIT India Mission amongst qualified schools. Depending on the number of teams qualified (8-32 teams), 3-11 rounds will be held to determine the State/UT champion These rounds will be anchored by a professional quiz master and will be webcast on social media. The quiz could be in mixed language (local as well). Also questions on local sports will also be asked. Total of 36 school teams i.e., one team per State/ UT will move to the National Round
72.	Will there be prizes for	Yes. The winner and runners-up (teams and schools) will be

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	state champions?	awarded with cash prize. For more details, please visit Fit India website.
73.	What will happen after state rounds?	State rounds will identify 36 State/UT champions who will move to the national rounds.
D. National Round		
74.	How National finals will be conducted?	The National Final will be a physical round which will be recorded in the studio. The previous 2 seasons of Fit India Quiz were recorded in the Star Studio, Mumbai.
75.	What will be the format of the National Round?	<p>National Round shall consist of Quarterfinals, Semi-finals and Final Rounds.</p> <p>Quarter Final</p> <ul style="list-style-type: none"> • The 36 teams will be divided into 12 groups of 3 teams each. The 3 teams will compete with each other and the top team from each group (a total of 12 teams) will move to the Semi Final Round. • For the remaining 24 teams, 4 best Runner ups will also move to the Semi Final Round • A total of 16 teams will therefore qualify for the Semi-Finals. <p>Semi Final</p> <ul style="list-style-type: none"> • The 16 teams who enter the Semi-Finals will be divided into 4 groups of 4 teams each. The winner from each group will move to the National Final Round, which will be telecast on Star Sports. Final • 4 teams will compete to secure the Top Place of being India's No 1 school in the Fit India Quiz. • Winner of the Final round will be declared as National Champion